Coaching and Review Tool

A simple framework to support leaders in the one to one coaching of individuals through a task

Discipleship

• Start with the person - Eg What is God teaching you? – faith, devotion, prayer
• How are you going? – self, spouse, family etc
• Updates, encouragement etc

Focus on Task

1. What are you doing well?
   – Get them to describe well........ Anything else? What else?.....

2. What do you believe you could do differently?
   – Delay until well covered ........ The better explored the less you need to identify

3. What I believe you could do differently is ........
   – Focus on specifics

4. What I see you doing well is ........
   – Focus on specifics

5. Action Plan and Follow up
   – Specifics for follow up next meeting

NB For explanation on how to use this simple coaching framework please don’t hesitate to contact us at info@cmd.training or the website below.

www.cmd.training / email: info@cmd.training